

# Settled Confidence

## Psalm 27

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Unstoppable Hope

### Think About It!

What did we learn?

### Talk About It!

What does it mean?

### Do It!

What are we going to do?

### Think About It!

Life is full of ups and downs. Even though we try hard to make things nice and clean, the journey of life is a jagged one. And so is our walk of faith as we hope in Jesus. But because Jesus is consistent and unchanging, we can have a constant confidence in who he is, no matter what else is going on around us. In this encouraging message from Psalm 27, find hope for your everyday life as we acknowledge together some of life's messiest moments...and learn how to walk in settled confidence in the midst of it all.

### [LINK to SMALL GROUP VIDEO MATERIALS](#)

### Talk About It!

#### 1. The Lord is light, salvation and strength

- **Psalm 27:1-3**
- **Parent Notes**
  - **Close your eyes. When I say "God," what is the first thing that pops into your head?** Our whole job as humans is to understand who God is. Not just who we think he is, or what we saw in a movie, but who he really is.
  - **Do you believe that God can do big things? Have you seen him do big things in your life?** God saved us from sin! That's a pretty big thing. If he can do that, he can do anything, but sometimes, we forget that. When we're scared or sad, we sometimes forget how big God is and how much he has done for us.
  - **Is there anything in your life that is too big for God?** No! Nothing is too big for God. When we know who God is and what he's done, we can have "confidence." Confidence is knowing that we are safe in God's hands, and we don't have to be afraid.

## 2. Stay rooted.

- **Psalm 27:4-5**
- **Parent Notes**
  - **When is it hardest to remember how big God is?** Sometimes, we know something is true in our heads, but it doesn't quite sink into our hearts. When this happens, we need to say it out loud to ourselves. We need to tell ourselves who God is and what he has done.
  - **When do you feel safe?** We all love the feeling of being safe, but sometimes life is scary. David, who wrote this Psalm, went through some scary stuff. Even though scary things happened, David chose to be confident. He knew who God was and what he had done. He knew that he didn't have to be afraid.
  - **Tell about a time when you chose confidence over fear. (Remember confidence is knowing that we are safe and that we don't have to be afraid.)** We are supposed to be like a strong tall tree, with roots that go way deep down into who God is. When we are confident in who God is, fear can't knock us over.

## 3. Seek His face and rejoice.

- **Psalm 27:6-10**
- **Parent Notes**
  - **Is it ever hard to find God?** God is not playing hide and seek with us. He wants us to know who he is. He sent his Son, Jesus, to teach us who he is. And he still wants to teach us more about himself today.
  - **Have you ever seen a picture or a movie that changed the way you thought about God? How did it change your view of God? Do you think it was a good thing?** Sometimes, we need to rethink the way we look at God. Not everything we think about God is right. Sometimes, we make mistakes, and he needs to teach us who he really is. We need to make sure that what we think about God comes from what we read in the Bible and learn from Jesus and the Holy Spirit.
  - **Have you ever learned something new about God from reading the Bible?** As we learn more and more about who God is, we will find joy! Because when we are confident in who God is and what he has done, our hearts can find joy, even on the hard days.

## 4. Hope births courage.

- **Psalm 27:11-13**
- **Parent Notes**
  - **Have you ever noticed that we grow on the hard days?** David did. He wrote this Psalm during a hard time in his life. He could have been mad or scared or sad, but he chose to be confident. When we are confident, the hard days teach us more about who God is and what he can do.

- **Where do you need some confidence in your life?** We all need to be reminded that we are safe in God's hands and that we don't need to be afraid. When we believe that, we can be brave and keep going, even if we are fearful.
- **Did you know that you can be brave right now?** We don't have to wait to stop being afraid. Being brave means that even when we're afraid, we choose to believe in who God is and what he can do. When we choose to believe that, God will give us the bravery we need to keep going.

#### Optional Follow-up Questions:

- What makes you say that?
- How does that make you feel?
- How would you explain this to someone who doesn't know Jesus?
- Why do you think God did it that way?
- Why should we do the things that God tells us?