

# Fear, Faith & Friendship

## 1 Kings 19

July 5, 2020

Pastor Daniel Fusco

Crisis

### Think About It!

What did we learn?

### Talk About It!

What does it mean?

### Do It!

What are we going to do?

### Think About it!

Life is never all just one thing, is it? It's always a mixed bag, and so often the highs and lows seem to overlap, which can leave us feeling shaken up and uncertain of ourselves. In the midst of confusing or challenging circumstances, it's easy to feel all alone or to wonder where God is. The prophet Elijah knew exactly what this was like, but God met Elijah right where he was at...and Jesus offers the same love and intimate care to each and every one of us. In this weekend's message, witness the beauty of being truly human and the power of God to show up when we feel overwhelmed!

[LINK to SMALL GROUP VIDEO MATERIALS](#)

### Talk About It!

#### 1. Don't be afraid

- **1 Kings 19:1-10**
- **Leader Notes**
  - **Have you ever had a week that was really exciting and also really hard?** That happens a lot in life, and we call that "highs and lows." Sometimes, that happens really close together. Sometimes we have a really fun day, and the next day is a lot harder. Those days remind us that even we change a lot, God stays the same!
  - **What are you afraid of in your life?** Elijah had just seen God do amazing things on Mount Carmel, but suddenly, he was afraid of the evil queen, Jezebel. Elijah forgot how powerful God was, but God didn't get mad at him for being afraid.
  - **What was the last amazing thing that God did in your life?** Sometimes we forget the really amazing things that God has done in our lives, and we just think about the scary things. When we're scared we need to remember how big and powerful our God is by thinking about all the things he has already done!

## 2. Encounter Jesus in stillness

- **1 Kings 19:11-18**

- **Leader Notes**

- **Has God ever tried to get your attention? How did he do it?** Elijah spent a long time waiting for God to speak--forty days and forty nights without food! Then he looked for God in the wind and the fire and the earthquake, but when God spoke, it was in the sound of a still, small voice. God wanted to remind Elijah that he speaks in the quiet and the stillness.
- **Have your parents ever had to ask you to do a chore more than once? Why didn't you do it the first time?** Just like our parents, sometimes God has to get our attention and tell us something more than once. Sometimes, we say that we can't hear what God is trying to say, but the truth is, we just don't want to. God tells Elijah to go back and obey what God said the first time, and sometimes, he has to tell us the same thing.
- **What is God trying to tell you this week? How is he speaking to you?** God speaks to us in all sorts of ways, through our parents, our church leaders, through the Bible, and through his Holy Spirit that speaks in a still, small voice. If you're not sure what God is saying to you, listen for him in these places.

## 3. Find a friend like this

- **1 Kings 19:19-21**

- **Leader Notes**

- **Do you have a friend who makes you want to be more like Jesus?** One of the reasons Elijah was so scared and so tired was because he felt like he was all alone. So he prayed to God, and God sent him a friend, someone to help him with the hard work! We all need friends like that, and if we don't have them, we can ask God for them.
- **Do you always get along with that friend?** Sometimes, we disagree with our friends. We don't always get along, and that can be scary, but the best friends challenge us and make us better people! The best friends don't just want us to be happy. They want us to be all that God created us to be, and that means that we don't always agree on everything.
- **What do you and your friends do to challenge each other and become more like Jesus?** We all love doing fun things with our friends! But when our friends lead us closer to Jesus, we don't just do fun things together. We also encourage each other to grow closer to Jesus and pray for each other and remind each other of how big God is!

### Optional Follow-up Questions:

- What makes you say that?
- What makes you say that?

- How does that make you feel?
- How would you explain this to someone who doesn't know Jesus?
- Why do you think God did it that way?
- Why should we do the things that God tells us?