Unbreakable Faith 2 Timothy 1

04.03.2022

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Series

Reflect Realize Respond

Outline: Recap Points to Ponder Questions to draw out understanding.

REFLECT

The word "break" has interesting uses. Often we say "I need a break" and other times we say to our kids "Don't play with that or it will break." Whether we want to convey our need for rest or want to express caution over something fragile, the word break has little to no application when combined with the word faith. Where do we find an example of unbroken faith? How do we develop such faith? What are the symptoms of a fragile faith?

REALIZE

1. You can't find what you're not looking for

• Scripture Reference: 2 Timothy 1:1-2

- Leader Notes
 - Paul needed encouragement, and he got it as he was encouraging others through his letters.
 - God has a calling for our lives, and that includes pouring into the livers of other people
- Questions for Reflection:
 - When was the last time you stopped and asked God to increase your faith in Him? If it has been more than a day, take a moment right now and pray this simple prayer. "God, increase my faith."

2. Stir it up

- Scripture Reference: 2 Timothy 1:3-6
- Leader Notes
 - Paul encourages Timothy to stir up and renew the gift that he has been given.
 - God wants us to stir up our own passion for him, and then go on to serve that to others.
- Questions for Reflection
 - Stirring things up makes sure that all essential elements are mixed well. Think about a time when you felt like your faith was being stirred up by God. How did the Lord assure you that things were going to turn out okay? If it has been a while, will you pray that God stirs up your faith?

3. Faith is the antidote for Fear

- Scripture Reference: 2 Timothy 1:7-12
- Leader Notes

• This kind of faith means remembering what God has equipped you with, power, love and a sound mind.

Questions for reflection

 Paul encourages Timothy to buckle up because walks of faith often result in paths of difficulty and uncertainty. Reflect on a recent season of difficulty in your life. How did the Lord strengthen your faith? What was beneficial? Who were some surprising supports during that time?

4. Use it or Lose it

• Scripture Reference: 2 Timothy 1:13-14

Leader Notes

- The walk of faith is simple, but not easy.
- If the enemy can't hinder you with difficulties, he will work hard to keep you distracted.
- We cultivate an unbreakable faith through unbroken focus on God.

Questions for Reflection

 Paul uses two keywords to describe our response to the faith that has been entrusted to us: hold and keep. What is your plan for "holding fast" and "keeping" your faith in Jesus?