

# Tear the Roof Off Your Influence

## Mark 2:1-8

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### Reflect

Outline: Recap

### Realize

Points to Ponder

### Respond

Questions to draw out understanding.

## REFLECT

Lids can be awesome when used appropriately...Yet sometimes, lids can become a barrier instead of a blessing. In the case of the paralyzed man who was carried to Jesus by his 4 friends, the roof of the house where Jesus was preaching prevented the man and his friends from the healing influence of Jesus. What are the structures in your life that are keeping the gifts of a faith and influence from fully transforming you and those around you?

## REALIZE

### 1. Open the Word

- **Scripture Reference**
  - Mark 2:1-2
- **Leader Notes**
  - Sometimes opening the Bible is the hardest lid to open.
  - The Bible is the place where we can encounter and hear from God.
  - The Word of God is powerful.
- **Questions for Reflection**
  - How would you describe the place consistent Bible reading plays in your life?

### 2. Loosen the Lid

- **Scripture Reference**
  - Mark 2:3-5
- **Leader Notes**
  - This man needed friends to help him open the roof.
  - Having people who support and help you is crucial in your Christian walk.
  - We all have lids in our lives right now that are keeping us from drawing closer to Jesus.
- **Questions for Reflection**
  - What do you plan to do about the lids that keep you from getting closer to Jesus?
  - Who are you going to invite to help you and keep you accountable?

### 3. Die to Yourself

- **Scripture Reference**
  - Mark 2:6-8
- **Leader Notes**

- Our own sin is the biggest obstacle in our relationship with God.
- Confession is an honest conversation with Jesus about your brokenness.
- **Questions for reflection**
  - What do you need to confess to Him today and whose help do you need in the process? When do you plan to reach out to them?