

# Soul Purpose

## Psalm 23: 3

4.30.2023

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Wild

### Reflect

Outline: Recap

### Realize

Points to Ponder

### Respond

Questions to draw out understanding.

## REFLECT

What is the 'soul'? Philosophers, theologians, and teachers have asked this question for centuries, yet it remains a mystery. In our culture, we talk about soul food and soul music, and we even have the phrase "He is an old soul" or "We have a soul connection." But what is the soul's purpose, and how should we care for it? Join us on a journey of discovery as we examine evidence from Psalms to gain a deeper understanding of this elusive concept. Whether you are a believer or skeptic, you will leave with a new perspective on the soul and its role in our lives.

## REALIZE

### 1. What is it?

- **Scripture Reference;** Psalm 23:3; 1 John 3:2
- **Questions for Reflection**
  - What is your understanding of the soul?
  - What is the soul according to the Bible?

### 2. Why do we have one?

- **Scripture Reference;** Psalm 23:3; 1 Thessalonians 5:23; Hebrews 4:12
- **Questions for Reflection**
  - Why is it important to understand the purpose of a soul?

### 3. How do I care for it?

- **Scripture Reference;** Psalm 23:3; Matthew 11:29; Psalm 119:105; 1 Corinthians 10:31
- **Questions for reflection**
  - What is the best possible way to care for my soul?
  - What is the 'key' to soul care?

### Optional Follow-up Questions:

- What makes you say that?
- How do you feel about that?
- How would you explain your answer to a non-Christian friend or neighbor?
- Why did God design it to work that way? Why not just do (whatever else) instead?
- What would you say to someone who disagrees with that?
- Why do we really have to do it like that? Why can't we just go (some other route) instead?