

When Life is Scary

Psalm 23: 4

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Wild

Reflect

Outline: Recap

Realize

Points to Ponder

Respond

Questions to draw out understanding.

REFLECT

Most people do not like life when it is scary. Full with fears, doubts and uncertainty, life can be the most perplexing when we find ourselves in the valleys of life. Unfortunately, we will all have those experiences. Jesus knows us and knows how hard those seasons can be. And yet, He promises to be with us, even when it is the most painful. Do not miss this special message of hope!

REALIZE

1. Do not fear

- **Scripture Reference;** Psalm 23:4; Deuteronomy 31:6; Isaiah 41:10; John 14:27
- **Questions for Reflection**
 - What makes me scared?

2. God's presence changes everything

- **Scripture Reference;** Psalm 23:4; Exodus 33:14-15; Isaiah 16:11
- **Questions for Reflection**
 - How can I be more aware of the presence of God?

3. Embrace God's tools for comfort

- **Scripture Reference;** Psalm 23:4; Psalm 119:49-50; Lamentations 3:22-24
- **Questions for reflection**
 - How has God comforted me?

Optional Follow-up Questions:

- What makes you say that?
- How do you feel about that?
- How would you explain your answer to a non-Christian friend or neighbor?
- Why did God design it to work that way? Why not just do (whatever else) instead?
- What would you say to someone who disagrees with that?
- Why do we really have to do it like that? Why can't we just go (some other route) instead?