

# The Soundtrack for a Hope-Filled Life

## Psalm 16

7.16.2023

Pastor Gabe Moreno

On Demand

### Reflect

Outline: Recap

### Realize

Points to Ponder

### Respond

Questions to draw out understanding.

## REFLECT

Music has a way of calming the soul and uplifting our spirits. Think about your favorite songs from middle school and high school. What do those songs have to say about who you were at that moment in time? Psalms 16 is the soundtrack for King David, detailing deep fears and insecurities while at the same containing profound truths about the character of God. Join us as we continue in our On Demand series with an up-close look at the lyrics behind the song that is Psalms 16.

## REALIZE

### 1. Listen to songs that speak the truth.

- **Scripture Reference;** Psalms 16:1-6; Psalms 16:7-9
- **Questions for Reflection**
  - Do you journal? Why or why not? What are the common themes found in your “secret writings”?

### 2. Listen to songs that give you hope.

- **Scripture Reference;** Psalms 16; Psalms 16:10-11
- **Questions for Reflection**
  - Is the voice of your inner monologue hopeful or fearful? What can you do to move towards hope and away from fear and anxiety?

### 3. Write songs that point people to Jesus.

- **Scripture Reference;** Psalms 16
- **Questions for Reflection**
  - What are some ways you could inject hope into your reflections at the end of the day?

### Optional Follow-up Questions:

- What makes you say that?
- How do you feel about that?
- How would you explain your answer to a non-Christian friend or neighbor?
- Why did God design it to work that way? Why not just do (whatever else) instead?
- What would you say to someone who disagrees with that?
- Why do we really have to do it like that? Why can't we just go (some other route) instead?