

# The Joy of Humility

## Philippians 2:1-11

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Joy/FULL Series

### Reflect

Outline: Recap

### Realize

Points to Ponder

### Respond

Questions to draw out understanding.

## REFLECT

Nobody enjoys times of humiliation. In fact, we pretty much do anything to avoid them. But, if we want to live lives of unique joy, humility is part of the equation. Without personal humility, interpersonal relationships are nearly impossible. Because pride divides people. Jesus is the ultimate example of the power and blessings of humility.

## REALIZE

### 1. Humility leads to unity.

- **Scripture Reference;** Philippians 2:1-11; Luke 14:11
- **Questions for Reflection**
  - How can I walk in greater humility?

### 2. This is Jesus' incarnation.

- **Scripture Reference;** Philippians 2:1-11; John 1:14
- **Questions for Reflection**
  - How can I be a vehicle for greater unity?

### 3. This is Jesus' crucifixion.

- **Scripture Reference;** Philippians 2:1-11; 1 Corinthians 1:18; 1 Corinthians 2:2
- **Questions for Reflection**
  - How does this text change how I see Jesus?

### 4. This is Jesus' exaltation.

- **Scripture Reference;** Philippians 2:1-11; James 4:10
- **Questions for Reflection**
  - How does this text change how I see Jesus?

### Optional Follow-up Questions:

- What makes you say that?
- How do you feel about that?
- How would you explain your answer to a non-Christian friend or neighbor?
- Why did God design it to work that way? Why not just do (whatever else) instead?
- What would you say to someone who disagrees with that?
- Why do we really have to do it like that? Why can't we just go (some other route) instead?

