



prayer 360

Week of July 14 Prayer Guide

Preparing Your Heart (5 minutes)

Take some time to be still before the Lord. Quiet your heart before the Lord and get your mind ready to pray. Also use this time to welcome God and His presence. Invite Him into your time of prayer. Some practical ideas are to sit in silence or take deep breaths. You can also say something like:

“Holy Spirit, I invite You to this time of prayer.”

“Lord, I'm here for You. Speak, I am listening.”

Worship and Thanksgiving (5 minutes)

Use these five minutes to think of the many things that have been good from the day. Then begin to thank God for those things. You can also use a gratitude journal and write down things you're grateful for. Begin to worship Jesus for who He is and all that He has done for you.

Confession (5 minutes)

Take this time to reflect on the last 24 hours. Did anything happen that directly impacted you? Are there any areas of your life that have been dishonoring to God in thoughts, actions, or words? Bring those to God, confess to Him, and ask Him to restore the areas that are broken or don't reflect His character. Receive His vast love, forgiveness, and grace towards you.

Ask (15 minutes)

Personal

Who, or what, is on your heart today? Spend a few moments talking to God about anything personal in your heart that you'd like to share with Him before you move on to the next section.



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Local

- Go through the [Crossroads Prayer Wall Requests](#) and pray for the needs within our family of faith. Be sure to click the “Pray” button letting us know that you prayed for the listed need.
- Pray for the next generation of up-and-coming leaders from nursery age to college age. Pray that they would walk as humble, God-fearing leaders.
- Pray that they would be known to walk in their God-given purpose and empowerment in our church.
- Pray that they would receive Godly counsel and mentorship from those who are seasoned in the faith.
- Pray that they would have the heart to pursue the culture of the kingdom and not the culture of this world.

National

- Pray for a fresh empowerment of the Holy Spirit to flow in and through the nation.
- Pray for bold faith for believers in our nation.
- Pray for parts of the church that have rejected the Holy Spirit, that they would be awakened to our vast need for depending on the Spirit of the Living God.
- Pray that the Holy Spirit would continue to unite the Church and make us without spot or wrinkle.

Global

Ethiopia:

- Pray for a resurgence of the deep spiritual beliefs held by this nation from the earliest church history.
- Pray for those impoverished and displaced by drought and for the seasonal rains to be better than anticipated throughout the country.
- Believers are often denied resources and discriminated against when looking for work. Pray the Lord would provide for persecuted believers.

Supporting Scripture

The Lord is my light and my salvation; whom shall I fear? The Lord is the strength of my life; of whom shall I be afraid? - Psalm 27:1

Finish by thanking the Lord for meeting your request. Meditate on what He may want you to take away from your time of prayer.