



prayer 360

Week of February 16 Prayer Guide

Preparing Your Heart (5 minutes)

Take some time to be still before the Lord. Quiet your heart before the Lord and get your mind ready to pray. Also use this time to welcome God and His presence. Invite Him into your time of prayer. Some practical ideas are to sit in silence or take deep breaths. You can also say something like:

"Holy Spirit, I invite You to this time of prayer."

"Lord, I'm here for You. Speak, I am listening."

Worship and Thanksgiving (5 minutes)

Use these five minutes to think of the many things that have been good from the day. Then begin to thank God for those things. You can also use a gratitude journal and write down things you're grateful for. Begin to worship Jesus for who He is and all that He has done for you.

Confession (5 minutes)

Take this time to reflect on the last 24 hours. Did anything happen that directly impacted you? Are there any areas of your life that have been dishonoring to God in thoughts, actions, or words? Bring those to God, confess to Him, and ask Him to restore the areas that are broken or don't reflect His character. Receive His vast love, forgiveness, and grace towards you.

Ask (15 minutes)

Personal

Who, or what, is on your heart today? Spend a few moments talking to God about anything personal in your heart that you'd like to share with Him before you move on to the next section.



prayer 360

Local

- Go through the [Crossroads Prayer Wall Requests](#) and pray for the needs within our family of faith. Be sure to click the "Pray" button letting us know that you prayed for the listed need.
- Pray that our groups begin to have a heart for the mission of God in the world as they adopt field workers around the globe.
- Pray for the people at Crossroads who feel isolated and alone, that they would find a place to belong in one of our groups.
- Pray for the refreshing of our Men's group leaders.
- Pray that men would recognize their need for community.

National

- Pray for the mercy of God to be evident through the people of God throughout our nation.
- Pray that God would protect his people through the nation, and lead them in all truth.
- Pray that God would guide the leaders of the nation, helping them to serve selflessly.

Global

Yemen

- Pray for God's protection for the Yemeni people and for peace and stability, especially in the Red Sea region of Yemen.
- Pray for the millions of Yemenis who are on the brink of famine. Pray for an end to widespread malnutrition that has claimed the lives of tens of thousands of young children.
- For the few believers in Yemen to be encouraged in their faith and be a witness and example in their families and communities so that many would know Jesus. Pray for the conflict on the Red Sea Corridor and the control of the Houthi government, which currently controls most of the country.

Supporting Scripture

But God demonstrates His own love toward us, in that while we were still sinners, Christ died for us.

- Romans 5:8

Finish by thanking the Lord for meeting your request. Meditate on what He may want you to take away from your time of prayer.