



prayer 360

Week of June 8 Prayer Guide

Preparing Your Heart (5 minutes)

Take some time to be still before the Lord. Quiet your heart before the Lord and get your mind ready to pray. Also use this time to welcome God and His presence. Invite Him into your time of prayer. Some practical ideas are to sit in silence or take deep breaths. You can also say something like:

"Holy Spirit, I invite You to this time of prayer."

"Lord, I'm here for You. Speak, I am listening."

Worship and Thanksgiving (5 minutes)

Use these five minutes to think of the many things that have been good from the day. Then begin to thank God for those things. You can also use a gratitude journal and write down things you're grateful for. Begin to worship Jesus for who He is and all that He has done for you.

Confession (5 minutes)

Take this time to reflect on the last 24 hours. Did anything happen that directly impacted you? Are there any areas of your life that have been dishonoring to God in thoughts, actions, or words? Bring those to God, confess to Him, and ask Him to restore the areas that are broken or don't reflect His character. Receive His vast love, forgiveness, and grace towards you.

Ask (15 minutes)

Personal

Who, or what, is on your heart today? Spend a few moments talking to God about anything personal in your heart that you'd like to share with Him before you move on to the next section.



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Local

- Go through the [Crossroads Prayer Wall Requests](#) and pray for the needs within our family of faith. Be sure to click the "Pray" button to let us know you prayed for the listed need.
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- Pray that those who are in spiritual bondage would be freed in Jesus' name through the Crossroads Deliverance Ministry.
- Pray that God would bless the Deliverance Ministry at Crossroads Community Church.
- Pray for the youth and children in our church to encounter God and grow in faith.
- Pray for our church to be a place of healing, safety, and restoration.

National

- Pray that the Church body would push back against spiritual forces of evil all around this nation through prayer and fasting.
- Pray that leaders who desire to lift the Lord's name on high and not their own would be raised up in the Church.
- Pray for pastors and ministry leaders to be bold, faithful, and uncompromising in truth.
- Pray for churches to work together across denominations for the sake of the gospel.

Global

Myanmar (Burma)

- Pray for new believers, young and old, to stand firm in their faith no matter what may be thrown at them. Ask God to use their faithfulness to open the eyes of those who oppose them and bring them to Jesus.
- Pray for peace and political stability in an impoverished land whose ethnically diverse peoples have suffered greatly.
- Please pray for peace and safety for the Rohingya refugees. Pray that God will provide for all their needs as they begin new lives.

Supporting Scripture

In everything give thanks; for this is the will of God in Christ Jesus for you. – 1 Thessalonians 5:18

Finish by thanking the Lord for meeting your request. Meditate on what He may want you to take away from your time of prayer.