



prayer 360

Week of June 29 Prayer Guide

Preparing Your Heart (5 minutes)

Take some time to be still before the Lord. Quiet your heart before the Lord and get your mind ready to pray. Also use this time to welcome God and His presence. Invite Him into your time of prayer. Some practical ideas are to sit in silence or take deep breaths. You can also say something like:

"Holy Spirit, I invite You to this time of prayer."

"Lord, I'm here for You. Speak, I am listening."

Worship and Thanksgiving (5 minutes)

Use these five minutes to think of the many things that have been good from the day. Then begin to thank God for those things. You can also use a gratitude journal and write down things you're grateful for. Begin to worship Jesus for who He is and all that He has done for you.

Confession (5 minutes)

Take this time to reflect on the last 24 hours. Did anything happen that directly impacted you? Are there any areas of your life that have been dishonoring to God in thoughts, actions, or words? Bring those to God, confess to Him, and ask Him to restore the areas that are broken or don't reflect His character. Receive His vast love, forgiveness, and grace towards you.

Ask (15 minutes)

Personal

Who, or what, is on your heart today? Spend a few moments talking to God about anything personal in your heart that you'd like to share with Him before you move on to the next section.



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Local

- Go through the [Crossroads Prayer Wall Requests](#) and pray for the needs within our family of faith. Be sure to click the "Pray" button to let us know you prayed for the listed need.
- Pray that the Lord's will would be done in every deliverance session at Crossroads.
- Pray for the nonprofits and ministries in our city to be effective and well-resourced.
- Pray for volunteers serving in shelters, food banks, and outreach ministries to be refreshed and full of compassion.
- Pray for affordable housing and creative solutions to homelessness.

National

- Pray that as believers in Christ, we would stand firm, letting nothing move us, always giving ourselves fully to the work of the Lord, because we know that our labor in the Lord is not in vain.
- Pray that God would stir hearts in small towns and rural areas across the nation, igniting a fresh movement of the Spirit where people may feel forgotten or spiritually dry.
- Pray for strength, protection, and peace for active service members, and for healing, honor, and community for veterans—especially those battling trauma or isolation.

Global

Qatar

- Pray for the birth of an indigenous church focused on sharing Jesus with all Qataris. There are only a handful of known local believers, most of whom are not spiritually mature. Pray that they would be strengthened, discipled well, and used by God.
- Pray for a recognition of spiritual need amid such material wealth.
- Pray for new Jesus-followers who feel they cannot share their faith with family members, that they would have wisdom and discernment.

Supporting Scripture

For the LORD does not see as man sees; for man looks at the outward appearance, but the LORD looks at the heart. – 1 Samuel 16:7

Finish by thanking the Lord for meeting your request. Meditate on what He may want you to take away from your time of prayer.