



# prayer 360

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## Week of August 3 Prayer Guide

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### **Preparing Your Heart (5 minutes)**

Take some time to be still before the Lord. Quiet your heart before the Lord and get your mind ready to pray. Also use this time to welcome God and His presence. Invite Him into your time of prayer. Some practical ideas are to sit in silence or take deep breaths. You can also say something like:

"Holy Spirit, I invite You to this time of prayer."

"Lord, I'm here for You. Speak, I am listening."

### **Worship and Thanksgiving (5 minutes)**

Use these five minutes to think of the many things that have been good from the day. Then begin to thank God for those things. You can also use a gratitude journal and write down things you're grateful for. Begin to worship Jesus for who He is and all that He has done for you.

### **Confession (5 minutes)**

Take this time to reflect on the last 24 hours. Did anything happen that directly impacted you? Are there any areas of your life that have been dishonoring to God in thoughts, actions, or words? Bring those to God, confess to Him, and ask Him to restore the areas that are broken or don't reflect His character. Receive His vast love, forgiveness, and grace towards you.

### **Ask (15 minutes)**

#### **Personal**

Who, or what, is on your heart today? Spend a few moments talking to God about anything personal in your heart that you'd like to share with Him before you move on to the next section.



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## Local

- Go through the [Crossroads Prayer Wall Requests](#) and pray for the needs within our family of faith. Be sure to click the "Pray" button to let us know you prayed for the listed need.
- Pray that the community remains a place where every member is seen, valued, and celebrated, even as it continues to grow.
- Pray for wisdom and guidance for the leadership in finding effective ways to foster connection and unity within the expanding group.
- Pray for our Tech and Worship volunteers who serve and bless the Crossroads family.
- Pray for the Crossroads family to go even deeper in our praise and worship of Him, not just on Sundays, but daily.

## National

- Pray that churches would cultivate welcoming communities where all individuals feel a sense of belonging.
- Pray that church leaders would recognize and elevate the unique gifts God has given each person, empowering them to lead and serve effectively.
- Pray that the Lord would continue to ease the effects of inflation relieving financial burdens faced by families across the nation.
- Pray for the Lord's gracious protection over supply chains, ensuring the steady and reliable flow of essential resources to families and those in need.

## Global

### Kenya

- Pray for the end of government corruption which continues to broaden the gap between rich and poor.
- Pray for Christian leaders who knowingly take on great risk to operate churches or share their faith.
- Pray for believers who risk being attacked by their own family members and neighbors if their faith in Jesus is revealed.

## Supporting Scripture

*God is Spirit, and those who worship Him must worship in spirit and truth. - John 4:24*

**Finish by thanking the Lord for meeting your request. Meditate on what He may want you to take away from your time of prayer.**