



# prayer 360

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## Week of July 6 Prayer Guide

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### **Preparing Your Heart (5 minutes)**

Take some time to be still before the Lord. Quiet your heart before the Lord and get your mind ready to pray. Also use this time to welcome God and His presence. Invite Him into your time of prayer. Some practical ideas are to sit in silence or take deep breaths. You can also say something like:

"Holy Spirit, I invite You to this time of prayer."

"Lord, I'm here for You. Speak, I am listening."

### **Worship and Thanksgiving (5 minutes)**

Use these five minutes to think of the many things that have been good from the day. Then begin to thank God for those things. You can also use a gratitude journal and write down things you're grateful for. Begin to worship Jesus for who He is and all that He has done for you.

### **Confession (5 minutes)**

Take this time to reflect on the last 24 hours. Did anything happen that directly impacted you? Are there any areas of your life that have been dishonoring to God in thoughts, actions, or words? Bring those to God, confess to Him, and ask Him to restore the areas that are broken or don't reflect His character. Receive His vast love, forgiveness, and grace towards you.

### **Ask (15 minutes)**

#### **Personal**

Who, or what, is on your heart today? Spend a few moments talking to God about anything personal in your heart that you'd like to share with Him before you move on to the next section.



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## Local

- Go through the [Crossroads Prayer Wall Requests](#) and pray for the needs within our family of faith. Be sure to click the "Pray" button to let us know you prayed for the listed need.
- Pray that the youth in our community would have the strength to overcome sin.
- Pray for freedom from any addictions that are holding people back.
- Pray that the next generation would be strengthened for spiritual warfare.
- Prayer that our eyes would be opened to see the spiritual battle around us.

## National

- Pray for revival and spiritual awakening, that hearts would be stirred and lives transformed by the presence of God.
- Pray for a strong sense of identity and purpose in Christ, that each person would know who they are and why they were created.
- Pray for protection from harm and negative influences, that individuals would be shielded from physical, emotional, and spiritual danger.

## Global

### Kazakhstan

- Pray for well-trained, godly leaders, despite most Bible schools and seminaries being closed.
- Pray for Kazakh believers and church leaders, especially those pastors who lead secret churches and believers who now follow Jesus.
- Pray for their security amid increasing restrictions and government control.
- Pray for a radical change in the legislation that tightly restricts religious freedom.

## Supporting Scripture

*For by grace you have been saved through faith, and that not of yourselves; it is the gift of God. – Ephesians 2:8*

**Finish by thanking the Lord for meeting your request. Meditate on what He may want you to take away from your time of prayer.**