



prayer 360

Week of November 2

Prayer Guide

Preparing Your Heart (5 minutes)

Take some time to be still before the Lord. Quiet your heart before the Lord and get your mind ready to pray. Also use this time to welcome God and His presence. Invite Him into your time of prayer. Some practical ideas are to sit in silence or take deep breaths. You can also say something like:

"Holy Spirit, I invite You to this time of prayer."

"Lord, I'm here for You. Speak, I am listening."

Worship and Thanksgiving (5 minutes)

Use these five minutes to think of the many things that have been good from the day. Then begin to thank God for those things. You can also use a gratitude journal and write down things you're grateful for. Begin to worship Jesus for who He is and all that He has done for you.

Confession (5 minutes)

Take this time to reflect on the last 24 hours. Did anything happen that directly impacted you? Are there any areas of your life that have been dishonoring to God in thoughts, actions, or words? Bring those to God, confess to Him, and ask Him to restore the areas that are broken or don't reflect His character. Receive His vast love, forgiveness, and grace towards you.

Ask (15 minutes)

Personal

Who, or what, is on your heart today? Spend a few moments talking to God about anything personal in your heart that you'd like to share with Him before you move on to the next section.



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Local

- Go through the [Crossroads Prayer Wall Requests](#) and pray for the needs within our family of faith. Be sure to click the "Pray" button to let us know you prayed for the listed need.
- Pray for wisdom, guidance & strength for the Crossroads women's ministry team & leadership
- Pray for every woman in our church, that they would be led by the Lord and submitted to Him in all of their ways.
- Pray for the Women's Ministries team as they plan their upcoming events this year.

National

- Pray for humility, strength, wisdom, gentleness & understanding for the Men & Women leading churches within our nation.
- Pray for all of the Women's Ministries in our Nation.
- Ask the Lord to Strengthen His leaders with His Spirit of Might.

Global

Sri Lanka

- Of the seven spoken languages in Sri Lanka, four still do not have a Bible translated in their language. Pray for people still waiting to hear about Jesus. Ask God to soften their hearts, preparing them to receive the Good News.
- Pray for the freedom of religious expression without proposed anti-conversion laws.
- Pray for growth and maturity for the indigenous Church.

Supporting Scripture

Therefore humble yourselves under the mighty hand of God, that He may exalt you in due time. - 1 Peter 5:6

Finish by thanking the Lord for meeting your request. Meditate on what He may want you to take away from your time of prayer.