



# prayer 360

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## Week of October 5 Prayer Guide

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### **Preparing Your Heart (5 minutes)**

Take some time to be still before the Lord. Quiet your heart before the Lord and get your mind ready to pray. Also use this time to welcome God and His presence. Invite Him into your time of prayer. Some practical ideas are to sit in silence or take deep breaths. You can also say something like:

"Holy Spirit, I invite You to this time of prayer."

"Lord, I'm here for You. Speak, I am listening."

### **Worship and Thanksgiving (5 minutes)**

Use these five minutes to think of the many things that have been good from the day. Then begin to thank God for those things. You can also use a gratitude journal and write down things you're grateful for. Begin to worship Jesus for who He is and all that He has done for you.

### **Confession (5 minutes)**

Take this time to reflect on the last 24 hours. Did anything happen that directly impacted you? Are there any areas of your life that have been dishonoring to God in thoughts, actions, or words? Bring those to God, confess to Him, and ask Him to restore the areas that are broken or don't reflect His character. Receive His vast love, forgiveness, and grace towards you.

### **Ask (15 minutes)**

#### **Personal**

Who, or what, is on your heart today? Spend a few moments talking to God about anything personal in your heart that you'd like to share with Him before you move on to the next section.



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## Local

- Go through the [Crossroads Prayer Wall Requests](#) and pray for the needs within our family of faith. Be sure to click the "Pray" button to let us know you prayed for the listed need.
- Pray for strength for the Crossroads Prayer Team, that they would be empowered and encouraged as they faithfully carry out their ministry.
- Pray for wisdom and guidance from the Lord, that each team member would clearly discern His direction in prayer and leadership.
- Pray for continued unity and humility within the team, that they would serve together with one heart and a spirit of mutual respect and love.

## National

- Ask that a revival of prayer would break out in our nation.
- Ask the Lord to help us understand Him more deeply through His Word, so that we may grow in relationship with Him.
- Pray that we would clearly recognize His voice and pray in alignment with His will, trusting His guidance in all things.

## Global

### United Arab Emirates

- For ongoing and increased openness towards the Christian faith, and for Christians to be wise but bold in their outreach.
- Pray for the key leaders of the seven emirates, that these men will rule wisely and bring peace and justice to their respective emirates.
- Pray for the very few Emirati believers, that they would grow in their faith. Pray that each believer will find several family members who will engage with Jesus and that they will be able to quietly meet together. Pray for whole families to come to faith!

## Supporting Scripture

*Look among the nations and watch—be utterly astounded! For I will work a work in your days which you would not believe, though it were told you. For I will work a work in your days which you would not believe, though it were told you. Habakkuk 1:5*

**Finish by thanking the Lord for meeting your request. Meditate on what He may want you to take away from your time of prayer.**