



prayer 360

Week of November 16 Prayer Guide

Preparing Your Heart (5 minutes)

Take some time to be still before the Lord. Quiet your heart before the Lord and get your mind ready to pray. Also use this time to welcome God and His presence. Invite Him into your time of prayer. Some practical ideas are to sit in silence or take deep breaths. You can also say something like:

"Holy Spirit, I invite You to this time of prayer."

"Lord, I'm here for You. Speak, I am listening."

Worship and Thanksgiving (5 minutes)

Use these five minutes to think of the many things that have been good from the day. Then begin to thank God for those things. You can also use a gratitude journal and write down things you're grateful for. Begin to worship Jesus for who He is and all that He has done for you.

Confession (5 minutes)

Take this time to reflect on the last 24 hours. Did anything happen that directly impacted you? Are there any areas of your life that have been dishonoring to God in thoughts, actions, or words? Bring those to God, confess to Him, and ask Him to restore the areas that are broken or don't reflect His character. Receive His vast love, forgiveness, and grace towards you.

Ask (15 minutes)

Personal

Who, or what, is on your heart today? Spend a few moments talking to God about anything personal in your heart that you'd like to share with Him before you move on to the next section.



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Local

- Go through the [Crossroads Prayer Wall Requests](#) and pray for the needs within our family of faith. Be sure to click the "Pray" button to let us know you prayed for the listed need.
- Pray that we can model the love of Jesus not only in word but also in deed.
- Pray that our church family and Women's Ministry would model the church of Acts in generosity, humility, prayer, unity, and boldly sharing the Gospel to those around us.
- Pray for those who are struggling, that God would comfort the hurting, heal the sick, provide for those in need, and remind each person of His steadfast love and faithfulness.

National

- Ask the Lord to strengthen His leaders with His Spirit of might.
- Ask the Lord for His grace and strength to endure what may feel unendurable.
- Pray for President Trump, Vice President Vance, our congressmen and congresswomen, the Supreme Court justices, cabinet officials, military leaders, governors, mayors, and local officials.

Global

Oman

- Pray for the love of Jesus to infiltrate Omani culture, reaching the many who are still unreached.
- Hundreds of Omanis study abroad. Many also go outside the country for medical care. Pray that believers in these countries will reach out to them with hospitality, care, and love.
- Pray for Sultan Al Said. He has great influence over the people. Pray that he would continue to rule with justice, righteousness, and wisdom.

Supporting Scripture

Now faith is the substance of things hoped for, the evidence of things not seen. - Hebrews 11:1

Finish by thanking the Lord for meeting your request. Meditate on what He may want you to take away from your time of prayer.